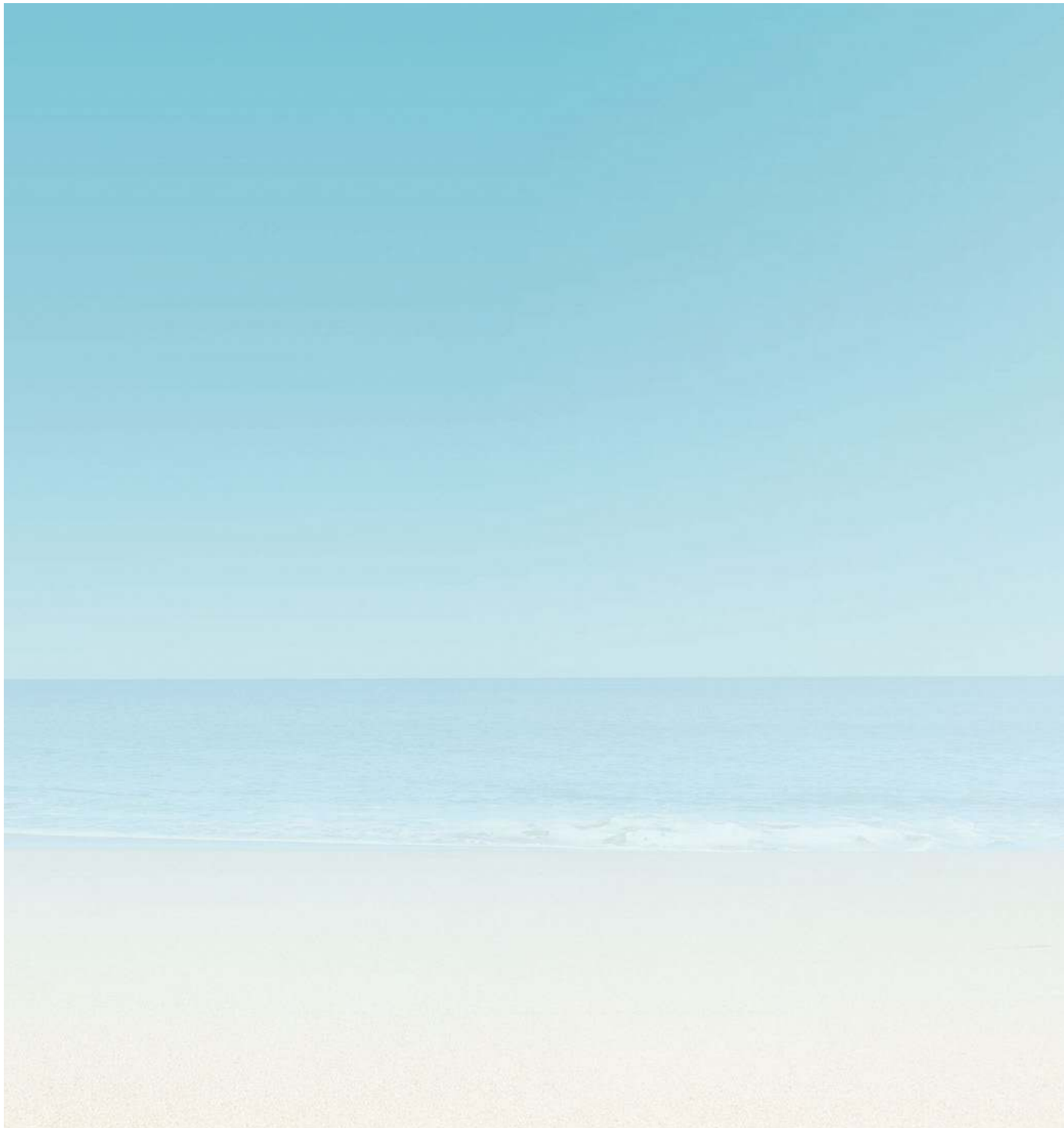




**CAMELOT SPA**   
Your World Of Wellness



Radiate in the blissfulness of the relaxation that only time spent in the spa can give you.

*Awaken to a renewed sense of health and wellness at Camelot Spa – Since 1997*



Massage is a powerful tool to help you take charge of your **health** and **well-being**.

## MASSAGE THERAPY

Camelot Universal Signature Massage	60 min	R760	A combination of Hot Stone, Kahuna, Balinese and Indian Head massage techniques for those who want to experience various types of massage. This massage incorporates the use of our unique massage candle, where the fragrance and softness of your skin lingers in your mind long after you have left the spa.
Aromatherapy Massage	60 min	R720	Promotes healing, well-being and relaxation using pure essential oils and light massage strokes.
Deep Tissue Massage	60 min	R720	A deep pressure massage to relieve tension and detoxify.
Hot Stone Massage	60 min	R720	This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.
Swedish Body Massage	60 min	R660	Provides a sense of well being, eases tense muscles and induces relaxation.
Pregnancy Massage**	60 min	R660	This relaxing massage experience is specifically tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind, this treatment is only offered to Moms beyond their first trimester.
Back, Neck & Shoulder Massage	60 min	R660	This massage helps relieve the tension in the neck, shoulders, upper and lower back.
	45 min	R540	
	30 min	R400	
Pressure Point Foot Massage	45 min	R540	Relax and balance the body through stimulation of pressure points situated on the feet.
	30 min	R400	
Indian Head Massage	30 min	R400	A detoxifying massage treatment of the head, scalp, face, neck and shoulders. This is a deeply relaxing massage combined with stimulating techniques, bringing about many beneficial results.

### ENHANCE YOUR MASSAGE WITH THE FOLLOWING ADDITIONS:

Upgrade your 60min massage with an extra 30min	R290
Add a Back Scrub	R110
Add Hot Stones to your massage	R95
Add Bellabaci Cups to your massage**	R85



# SKIN CARE THERAPY

## CSPA AROMA WELLNESS

CSpa Hydrating, Rebalancing or Anti-Ageing Facial	60 min	R695	This multi-sensory, results driven skin treatment includes a luxurious facial massage and an Aroma serum (either Hydra-Boosting, Age-Defying or Oily/Combination Rebalancing) to suit your skins main concerns.
CSpa Aroma Facial	30 min	R420	CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

## THALGO SKIN CARE

Prodige Des Oceans Facial**	90 min	R2 650	A supreme Beauty Ritual providing ultimate revitalization and total youthfulness. This treatment delivers the revitalizing benefits of Intelligence Regenerative Marine, a complete concentrate of 63 marine active ingredients (an exclusive Thalgo patent). At the heart of the ritual, the Prodige des Océans Mask offers pure plumping oxygenation, and its iconic massage, inspired by Ko Bi Do, an ancestral Japanese manual facelift technique, visibly smoothes wrinkles and restores firmness and elasticity to the skin. The face glows with renewed youth.
Silicium Super Lift Facial**	60 min	R2 140	Smooth, Fill and Lift: This treatment excels in correcting loss of firmness and smoothing deep lines. The highly effective anti-wrinkle massage and Cryo-Sculpting Mask erase wrinkles and restore radiance.
Thalgo Anti-Age Hyaluronic Filler Facial	60 min	R1 930	Smooth and Fill: This treatment corrects deep lines, leaving the skin looking visibly younger.
Thalgo Brightening Lumière Marine Facial**	60 min	R1 840	A brightening and rejuvenating treatment that lightens the skin and improves pigmentation. Skin will appear visibly younger with renewed radiance and an even tone skin.
Thalgo Source Marine Hydrating Facial	60 min	R1 020	This facial corrects the hydration levels of the skin, deeply replenishing and restoring the skin's velvety-smooth feel and radiance. This treatment includes a revitalizing Infusion mask.
Thalgo Ocea Men's Treatment	60 min	R995	Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.
Thalgo Micronized Marine Algae Facial	60 min	R985	The facial for oily/combination skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.
Thalgo Spa Skin Facial	60 min	R740	This classic facial is tailored to meet the specific needs of all skin types. Two treatment options (i.e. Source Marine or Cold Cream Marine Ritual).

Thalgo Deep Cleansing Facial	60 min	R740	Specifically designed for combination to oily skin, this Puret� Marine treatment reduces imperfections, redefines pores and controls shine; with the optional inclusion of extractions.
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Purity ThalgoMen Facial	45 min	R700	Wake up and energise tired skin. Includes a full cleanse, scrub, energising digito-pressure massage and anti-fatigue mask resulting in clearer skin.
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Thalgo Illuminating Radiance Facial	30 min	R545	Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.
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**THALGO EYE EXPERT TREATMENTS**

Anti-Wrinkle Hyaluronic Eye Treatment	R420	An express 2-in-1 treatment performed with the Hyaluronic Eye Patch Mask and Hyaluronic Filler which traces and fills the wrinkles. For a beautiful complexion and a radiant and instantly rejuvenated eye contour.
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Anti-Wrinkle Hyaluronic Eye Treatment <b>Add On To Facial</b>	R290	
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**SUGGESTED FACIAL TREATMENTS**

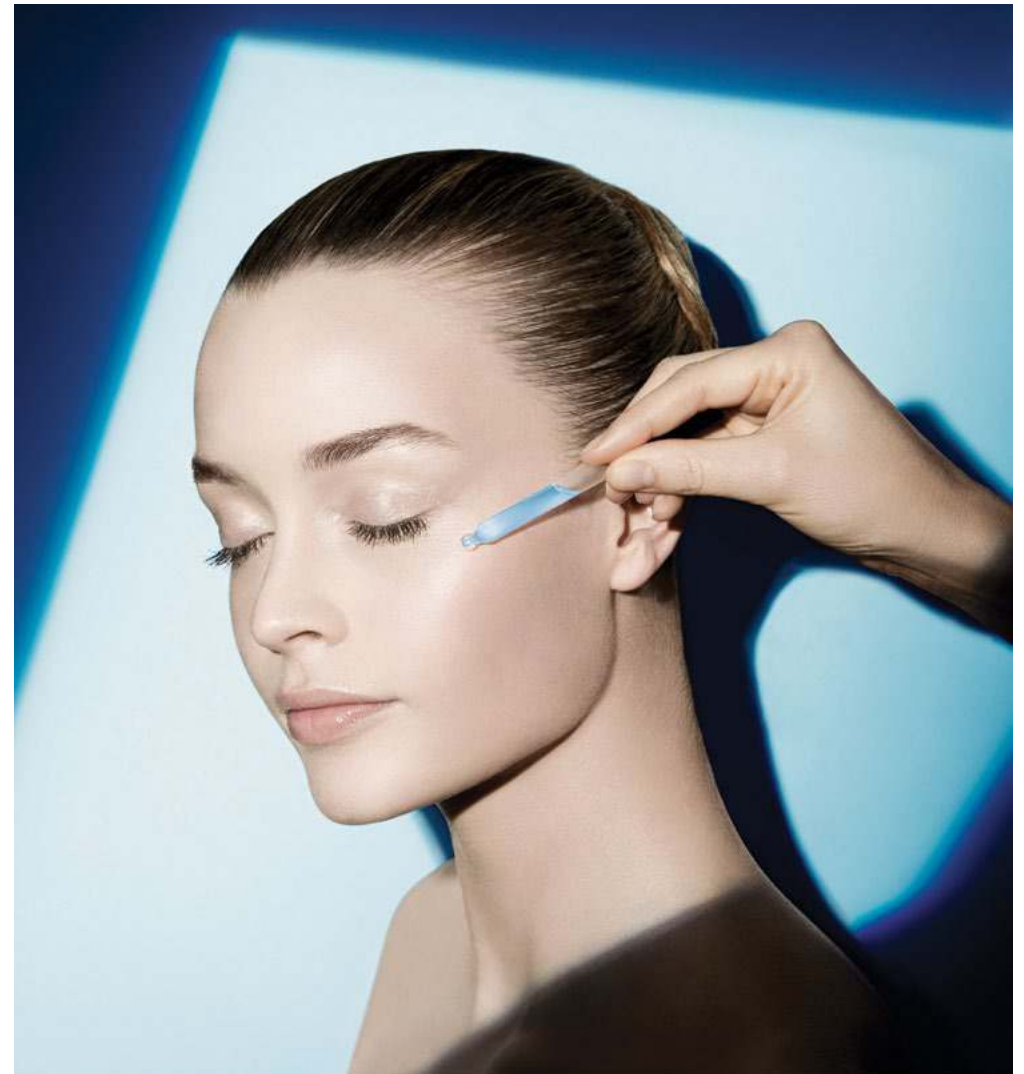
**IDEAL FOR:**

CSpa Aroma Facial	: Hydration
CSpa Hydrating, Rebalancing or Anti-Ageing Facial	: Hydration   Oily Skin   Anti-Ageing
Thalgo Illuminating Radiance Facial	: Hydration
Thalgo Spa Skin Facial	: Hydration   Sensitive Skin
Thalgo Deep Cleansing Facial	: Oily Skin   Combination Skin
Purity ThalgoMen Facial	: Oily Skin   Combination Skin
Thalgo Ocea Men's Treatment	: Hydration   Anti-Ageing
Thalgo Micronized Marine Algae Facial	: Acne   Balancing
Thalgo Source Marine Hydrating Facial	: Hydration
Thalgo Brightening Lumi�re Marine Facial**	: Pigmentation   Anti-Ageing
Thalgo Anti-Age Hyaluronic Filler Facial	: Anti-Ageing: Plump & Fill
Silicium Super Lift Facial**	: Anti-Ageing: Plump, Fill & Lift
Prodige Des Oceans Facial**	: Premier Anti-Ageing   Pigmentation

# MEDI SPA

**MCEUTIC BY THALGO**

MCeutic Renovation Radicale Treatment**	60 min	R1 480	A true medically-inspired beauty treatment. It delivers a tailor-made 3-step treatment designed for imperfections, uneven skin tone, and rejuvenation. This non-invasive mesotherapy treatment incorporates a deeper peel, allowing for penetration to the deepest layers of the skin. No down time.
	30 min	R985	





## WAXING

We offer a complete range of waxing services.  
Please consult with your therapist to identify your specific needs and desired results.

Lip / Chin / Brow	15 min	R140
Underarms / Sides of Face	20 min	R190
Bikini / Half Arm	25 min	R200
Half Leg / Full Arm / Half Chest	30 min	R290
Brazilian	40 min	R320
Back / Chest Wax	45 min	R370
Hollywood**	45 min	R370
Full Leg	45 min	R430

## SPA BEAUTY TREATMENTS

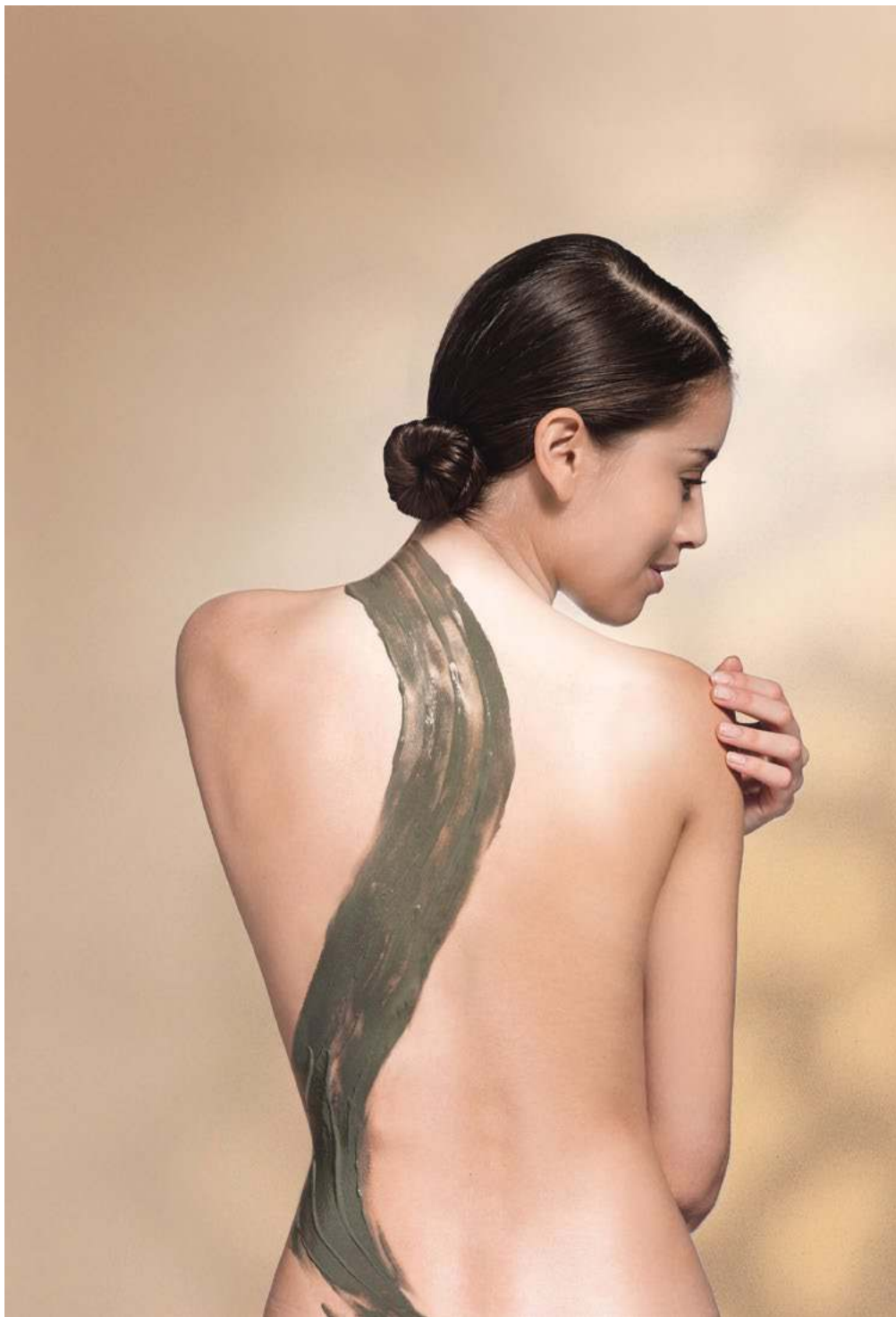
The finishing touches for a healthy, well groomed, brand new you.

Tint Lash & Brow	30 min	R200
Tint Lashes	25 min	R150
Tint Brows	15 min	R120

## MANICURES & PEDICURES

Deluxe Spa Pedicure	60 min	R480
Deluxe Spa Manicure	60 min	R450
Gelish Dip Acrylic**	45 min	R400
Nailcare & Gel Polish	45 min	R370
On-The-Go Pedicure	30 min	R310
On-The-Go Manicure	30 min	R310
Revarnish	20 min	R230
Gel Polish Add On	30 min	R190
Gel Polish Removal	30 min	R150
Paraffin Wax	15 min	R130
Heel Peel Treatment Add On	15 min	R130

On-The-Go Manicures/Pedicures include shaping of the nails, cuticle care, a hand/foot massage and varnishing of the nails. In addition to our basic manicure/pedicures, deluxe treatments include an exfoliation and specialised mask application.



## SPA BODY TREATMENTS

Salt Glow	30 min	R350	This luxurious natural salt and coconut oil exfoliating body treatment improves the skins texture leaving it smooth and looking radiant.
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### BODY WRAPS

Thalgo Marine Algae Detox Wrap	60 min	R975	This "Thalassotherapy" body wrap helps achieve a fit body and general revitalisation. The body is prepared for a slimming treatment or ready to face everyday stress.
CSpa Hydrating or Detox Wrap	45 min	R600	Choose between a relaxing or an invigorating aroma wellness body mud wrap. Hydrate with Neroli and Vanilla essential oils or detoxify with Peppermint and Rosemary essential oils.

### INTEGRATIVE SLIMMING BY THALGO

High Precision Shaping Treatment**	60 min	R1 400	The first corrective wrap treatment for superficial and deep fat, known to cause cellulite dimpling and skin slackening. The silhouette is visibly reshaped. Cellulite dimpling is significantly smoothed.
Perfect Sculpt Slimming Massage**	30 min	R580	A deep massage resulting in the figure looking visibly reshaped and re-sculpted. Body contours appear significantly redefined and dimpled skin is smoothed.

## HYDROTHERAPY

Thalgo Seaweed Detox Hydrobath**	30 min	R650	A Warm bath soak of Micronised Marine Algae helps to detox and re-mineralize the body, addressing overweight and cellulite conditions. Used as a slimming booster bath.
CSpa Sensorial Shimmer Milk Hydrobath**	30 min	R300	This sensorial shimmer milk bath is rich in vitamins. It is regenerating, rejuvenating and remineralising. Leaves the skin dusted in a shimmering veil.
Rasul Self Application Treatment**	30 min	R360	The Rasul treatment is a detoxifying cleansing ritual. This self-application of salt and mud detoxifies and rejuvenates the body leaving the skin satin smooth.
Floatation Therapy**	30 min	R300	The buoyancy of water and salt allows your body to float effortlessly as if in outer space or the Dead Sea. Escape into a state of complete relaxation and emerge with total wellness of mind, body and soul.
Himalayan Salt Sauna**	30 min	R300	This treatment offers a range of health benefits by producing a warm and soothing effect. Benefits include stress relief, detoxification, skin regeneration and strengthening of the immune system.

\*\*Facilities & treatments vary according to Spa, please enquire upon booking. Floatation Therapy available at The Boardwalk, Le Franschoek, Pearls Mall and San Lameer only. Himalayan Salt Sauna available at The Boardwalk.



## SPA EXPERIENCES

Re-Energising Couples Journey	1hr 30min per couple	R2 100	60min Aromatherapy Massage 15min Head Massage 15min Foot Massage	Thalgo Polynesia Spa Ritual	1hr 30min per couple	R1 400 R2 600	The Polynesian Ritual takes you on a journey of relaxation filled with fragrances and colours from the Pacific. This intoxicating body journey includes a scrub, hydrobath and an indulgent massage. <b>Couples:</b> Polynesia Spa Ritual for two and a glass of bubbly.
Gents Executive Package	2hrs 30min	R1 900	60 min Deep Tissue / Hot Stone Body Massage 60 min Thalgo Ocea Men's Facial 30 min Pressure Point Foot / Indian Head Massage	Mommy To Be	2hrs 30min	R1 300	60min Pregnancy Massage 30min On-The-Go Manicure 60min Deluxe spa Pedicure Snacks
Camelot Spa Personalised Journey	2hrs 30min 3hrs 30min 4hrs 30min	R1 450 R2 100 R2 600*	Tailor-make a Wellness Journey especially for you. Choose from any of the treatments below, and spend your desired amount of time pampering your every need. <b>30 min:</b> <ul style="list-style-type: none"> <li>• Back, Neck &amp; Shoulder Massage</li> <li>• Indian Head Massage</li> <li>• Pressure Point Foot Massage</li> <li>• Salt Glow Body Scrub</li> <li>• CSpa Hydrating Body Wrap</li> <li>• CSpa Detox Body Wrap</li> </ul> <b>60 min:</b> <ul style="list-style-type: none"> <li>• Swedish Body Massage</li> <li>• Aromatherapy Body Massage</li> <li>• Thalgo Spa Skin Facial</li> <li>• Deluxe Spa Pedicure</li> <li>• Deluxe Spa Manicure (only available for 4hrs 30min Journey)</li> </ul> <b>*Lunch (Included for 4hrs 30min Journey)</b> Please ensure when booking this package, you inform the receptionist which of the treatments you have chosen.	Spa Taster	60 min	R760	30 min Back, Neck & Shoulder Massage 30 min Thalgo Illuminating Radiance Facial
				Tween Petite Personalised Journey <i>(children under the age of 12 only)</i>	60 min	R650	Choose any three of the treatments below: <ul style="list-style-type: none"> <li>• 20min Back, Neck &amp; Shoulder Massage</li> <li>• 20min Booster Facial</li> <li>• 20min Revarnish Hands and Feet</li> <li>• 20min Hand Treatment</li> <li>• 20min Foot Treatment</li> </ul>





## WELLNESS ASSESSMENTS

Enhance your wellness experience by enquiring about our complimentary Body Composition Analysis options.

## CANCELLATION POLICY

- 24 Hours advance notice is required for cancellations and rescheduling, if this is not adhered to, 50% of the treatment fee will be charged.
- Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.

## SPA ESSENTIALS

- Treatments marked \*\* are not available at all Camelot Spas, please enquire upon booking.
- Booking in advance is recommended.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
  - High blood pressure or heart conditions
  - Recent surgery Muscle or joint injuries
  - Allergy to iodine, or product allergies
  - Pregnancy, Epilepsy or Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Spa guests aged 16 years and under must be accompanied by an adult.
- Prices are subject to change without notice.
- Gratuities are not included in the treatment price. It is at your discretion to add a gratuity for treatment excellence.
- Camelot Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.
- Prices valid until 31 March 2020.
- All prices are inclusive of VAT.



## SPA WELLNESS MEMBERSHIPS

Join Camelot Wellness today. Invest in yourself, feel better and stay well.

### Annual Memberships\*

*(valid for 12 months)*

R5100

R8500

R15 300

R20 400

\*once off payment valid for one year

Once your membership miles are depleted, your membership will have to be renewed.

Membership can be used by more than one person.

Lower prices are charged during off-peak periods (Monday to Friday).

Joining fee of R100

Contact any of our spas for more information.

## GIFT CARDS & VOUCHERS

**Spoil someone special with a Gift Card or an Electronic Voucher, ideal for any occasion.**

Gift Cards are available for walk-in purchase from any Camelot Spa countrywide. Orders for delivery or electronic vouchers are dispatched from our Head Office Monday – Friday during office hours. No deliveries on Saturday & Sunday and orders for delivery on a Monday need to be placed before 12pm on Friday.

Deliveries possible within South Africa only, delivery to main centres takes 1 day.

Camelot Spa Gift Cards are valid for 3 years from date of issue. This does not apply to complimentary or prize vouchers.

# BRANCHES COUNTRYWIDE

## GAUTENG

### Melrose Arch

+27 (0) 11 684 1392  
melrosearch@camelotspa.co.za  
3rd Floor, The Medical Centre, 18 High Street,  
Johannesburg

### The Capital Moloko

+27 (0) 11 384 4903  
moloko@camelotspa.co.za  
160 Helen Road, Strathavon, Sandton,  
Johannesburg

### The InterContinental

+27 (0) 11 961 5430  
camelot.spa@tsogosun.com  
8th Floor, The InterContinental Johannesburg,  
O.R. Tambo Airport

### The Marion on Nicol

+27 (0) 11 783 9952  
marionnicol@camelotspa.co.za  
Hamilton Avenue & Stirling Avenue, Sandton,  
Johannesburg

### The Polofields

+27 (0) 10 541 0090  
polofields@camelotspa.co.za  
Polofields Drive, Waterfall, Midrand

### Protea Hotel Midrand

+27 (0) 11 318 0591  
midrand@camelotspa.co.za  
14th Street, Noordwyk Ext 20, Halfway House,  
Midrand

### The Regent

+27 (0) 11 581 0231  
regent@camelotspa.co.za  
Ground Floor, 21 West Road South, Sandton,  
Johannesburg

## KWAZULU-NATAL

### San Lameer Resort Hotel & Spa

+27 (0) 39 313 0642  
sanlameer@camelotspa.co.za  
Main Road, San Lameer, Southbroom

### The Pearls Mall

+27 (0) 10 900 3156  
thepearls@camelotspa.co.za  
Level 4, 6 - 8 Lagoon Drive, Umhlanga Rocks

## EASTERN CAPE

### The Boardwalk

+27 (0) 41 507 9419  
boardwalk@camelotspa.co.za  
Beach Road, Summerstrand, Port Elizabeth

## WESTERN CAPE

### Lagoon Beach Hotel

+27 (0) 21 528 2017  
camelotspa@lagoonbeachhotel.co.za  
1 Lagoon Gate Drive, Milnerton, Cape Town

### Le Franschhoek Hotel & Spa

+27 (0) 21 876 2735  
lefranschhoek@camelotspa.co.za  
16 Minor Road, Keerweerder Farm, Franschhoek

### Southern Sun Cape Sun

+27 (0) 21 426 2644  
camelotcapesun@camelotspa.co.za  
23 Strand Street, Cape Town

### The Table Bay

+27 (0) 21 406 5904  
tbhspa@suninternational.com  
Quay 6, V&A Waterfront, Cape Town

### Val de Vie Estate

+27 (0) 21 867 8001  
valdevie@camelotspa.co.za  
Pearl Valley Clubhouse, Val de Vie Estate, R301,  
Wemmershoek Road, Paarl

## AURUM, BANTRY BAY COMING SOON

## INTERNATIONAL

### Royal Swazi Spa

+268 2416 5284  
camelot.spa@suninternational.com  
Old Mbabane/Manzini, Main Road, Ezulwini Valley,  
Mbabane, Swaziland

### The Dome\*

+234 9096672095  
thedome@camelotspa.co.za  
Plot 423 Cadastral Zone, Central Business District,  
Abuja, Nigeria

### The Grand Palm\*

+267 363 7788 / 87  
grandpalm@camelotspa.co.za  
Plot 17989 Bonnington Farm, Molepolole Road,  
Gaborone, Botswana

\*Please request Price Lists for the selected  
International Branches as prices differ.

## CONTACT US

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   @CamelotSpaGroup



